

# CASE STUDY

## Derbyshire

Summer 2020



David\* has lived in his own flat in Derbyshire since he turned 18 in 2019 and receives daily help and support from Eden Futures for his complex needs.

Having his own space – a self-contained bungalow and garden – has been important, in adjusting to living on his own and his transfer to adult services.

*David's mum Anne\* says: "He's really settled in and we (our family and Eden Futures staff) work well as a team to support him. There's been a few bumps in the road, but we always sort these out through good lines of communication as we all have his best interests at heart.*

*"Lockdown was hard on him like so many others. We made the best of it with distanced visits and food parcel deliveries when we could.*

\* Names have been changed

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Anne

*"He was lucky because he has a large outdoor area so was able to have BBQs and exercise. This is important to him as he was missing his normal judo classes and gym sessions."*

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